



Lunch

Daily Special.

We have a selection of daily hot specials.
See the board for today's choices

Salad Your Way

Your choice of;
chicken
smoked salmon
avocado smash & crumbled feta (V)
on a mesclun garden salad with cherry tomatoes,
red onion, olives, carrots, cucumber & olives, lemon
dressing 15

Bruschetta Smash (GFO, V)

Smashed avocado, cherry tomato medley, crumbled
feta, lemon dressing, olive and balsamic on toasted
sourdough, with garden salad 22

Nasi Goreng

Indonesian fried rice with fried egg, chicken,
seasonal vegetables, crispy shallots, fresh chilli,
sambal (mildly spiced) 24

Brekky Burger (GFO)

Bacon, fried egg, Swiss cheese, baby spinach,
aioli & tomato sauce on a sesame seed brioche
bun 17

Veggie Brekky Burger (GFO, V)

Mushrooms, tomato, Swiss cheese, fried egg,
aioli & tomato sauce on a sesame seed brioche
bun 17

From the Deli Counter

Toastie

Any combo of ham | cheese | tomato, with aioli 12

Toasted Croissant

Ham | cheese | tomato, with Dijon mustard 12
or
Cheese | tomato, with caramelised onion
and Dijon mustard 12

BLT Panini

Bacon, cheese, tomato, Mealup relish & aioli on a
toasted Yallingup wood fired panini 12

Mushroom Panini

Garlic roasted mushrooms, caramelised onion,
whipped feta, Mealup relish & aioli on a toasted
Yallingup wood fired panini 12

Smoked salmon bagel

Smoked salmon, whipped feta, capers, red onion,
wild rocket 12

Chia Cup

Maple almond coconut chia pudding, Mealup
granola, coconut yoghurt, passionfruit &
berries 10

Granola Cup

Mealup granola, Greek yoghurt, passionfruit &
berries 10

*Gluten-free bread can be substituted on request.
Allergen info and options available – please ask.*

Please be aware we are not a nut-free kitchen

See over for drinks



Drinks

SMOOTHIES

9

Pink Dragon – strawberries, dragon fruit, banana, coconut water (*dairy free*)

Mango – Mango, banana, yoghurt, milk

Berry – mixed berries, banana, yoghurt, milk

Banana – banana, yoghurt, milk, honey

Choc-Banana - chocolate, banana, yoghurt, milk

Greenie – spinach, spirulina, pineapple, banana, cucumber, coconut water (*dairy free*)

All our smoothies are available dairy-free using coconut yoghurt and coconut water instead of milk and yoghurt. Choc may contain traces of dairy.

ICED

Coffee | Chocolate | Mocha, with ice cream 7

Latte, no ice cream 6

Long Black 6

Chai 7

COFFEE

Espresso | Macchiato | Flat white | Long Black |

Latte | Cappuccino | Batch Brew 4

Mocha with marshmallows 4.5

Upgrade to large +0.8

Upgrade to extra large +1.3

Extra shot +0.5

FRESHLY SQUEEZED JUICES

all our juices are squeezed to order

Orange 7

Apple 7

Sunrise orange, carrot, ginger 7.5

Revitaliser apple, cucumber, lime 7.5

all available in smaller kid's size 5

HOT

Hot Chocolate with marshmallows 4.5 | 5.5

Chai Latte 4.7 | 6

Turmeric Latte 4.7 | 6

Babyccino with marshmallows 2.5

Milo with frothy milk 4 | 5

TEA

Pot of Tea for One 4

English breakfast | Earl Grey | mint | green | Bombay chai

ALTERNATIVE MILKS

Almond | Soy | Oat | Lactose-free +0.5

Please see the chiller cabinet for a selection of bottled sodas and water

15% surcharge on public holidays